

Junior / Youth Activity weeks with Gwent Adventures at Llandegfedd Reservoir during School Holidays

Spring Half Term and Summer Holidays

Junior Sailing Courses

Five day courses that are R.Y.A. recognised certificated courses. At the end of the course participants can attain Junior Level 1, 2, 3 or Adult Level 1 or 2 depending on previous experience. Complete beginners usually attain at least Level 1 during the course. During the 5 days participants may also have the opportunity to try windsurfing, kayaking, open canoeing, stand up paddleboarding and raft building

Junior Windsurfing Courses

Universally accepted as the best way to learn to windsurf, these courses, as sailing, are R.Y.A. recognised certificated courses and are of five days duration. At the end of the course participants can attain Junior Level 1, 2, 3 or Adult Level 1 or 2 depending on previous experience. Complete beginners usually attain at least Level 1 during the course. During the 5 days participants may also have the opportunity to try sailing, kayaking, open

Junior Multi - Activity Courses

Normally attended by those youngsters wanting the opportunity to experience a selection of activities such as sailing, windsurfing, kayaking, open canoeing, paddleboarding and raft building / racing. Depending on weather conditions other activities are sometimes available.

General Information

All instruction is carried out by qualified instructors. A safety boat is always standing by during all on - water activities. Participants are provided with buoyancy aids which must be worn. Anyone aged 18 or under is required to wear a safety helmet which is also provided. When wet suits are required they will be supplied. Participants must bring and wear footwear that they don't mind getting wet, a pair of sailing shoes or boots is ideal but a pair of old trainers will do. Five day courses are normally five consecutive days, Monday to Friday.

Activities start at 10.00 am and finish at 4.00 pm.

A separate medical fitness declaration, parent / guardian consent form is required for each child participating on courses.

All bookings must be made in advance

Prices

The cost for each participant is £44.00 per day. When booking for a weeks activities (ie. 5 consecutive days, Monday to Friday) the rate is £195 per person, (equivalent to a discount of £25). A further discount is available when booking for six participants; you only pay for five when booked and paid for as a single group (ie one person makes the booking, collects the non - refundable deposits, collates all paperwork and settles the bill as one transaction).

Course prices **do not** include R.Y.A. Handbooks or Logbooks, these can be purchased at the shop on site.

A non - refundable deposit of £10 per person per day, £50 per person per week is required at time of booking.

Final payment is due 14 days prior to start of course, after which there will be no refunds for cancellation or non - attendance.

Payment can be made by cash or cheque.

At the time of printing we do not accept Credit Cards.

For further information or to check availability please contact us on 01291 673002

Important information for parents of children participating in activities with Gwent Adventures Ltd at Llandegfedd Reservoir



Gwent Adventures is a fully recognised Royal Yachting Association Teaching Establishment and is also licensed by the Adventure Activities Licensing Authority.



During their stay with Gwent Adventures every effort is made to ensure the safety and comfort of your child. All instruction is carried out by qualified instructors and a safety boat is always at hand. Buoyancy aids and helmets are compulsory for all on - water activities as are wet suits for windsurfing, all of which are provided and included in the price you pay. The maximum Instructor to child ratio is 1:6 for sailing and windsurfing and 1:8 for canoeing.

Please ensure that your child has a complete change of clothing including footwear that you don't mind them getting wet (a pair of old trainers is ideal).

A swimming costume and towel is also necessary. In the event of unpleasant weather warm outer clothing will be essential. On hot sunny days sun cream, lip balm and a hat is a must.

It is also advisable to provide a packed lunch. Occasionally a BBQ lunch is available at extra cost if the numbers interested makes it justifiable.

The tuck shop on site sells hot and cold drinks, ice cream, chocolates, sweets, crisps and freshly made rolls to order.

If you would prefer your child to have their own wet- suit they can be purchased on site. Participants qualify for a 10% discount on purchases of wet-suits, footwear and buoyancy aids.

Welsh Water Regulations

- **Buoyancy Aids must be worn during all on - water activities.**
- **Wet suits are compulsory for windsurfing at all times and for sailing when the water temperature is below 7°C.**
- **Sailors, windsurfers and canoeists must stay at least 50yards from fishing boats and banks.**
- **Minimum age allowed for on - water activities, 8 years.**
- **Parking only allowed in the designated car parks.**
- **No dogs allowed out of vehicles whilst on site.**
- **No loud music, personal sound systems only.**
- **A full list of the regulations is available from Welsh Water rangers office.**



Conditions

Participants must be between the ages of 8 and 16 years old and should be able to swim at least 25 metres.

Should a child be suffering from an illness or condition that we should be aware of, the responsibility lies with the parent or guardian to ensure that Gwent Adventures is adequately informed of such a condition. A form is available on request for this purpose.

In the event of behaviour that endangers the safety of themselves or others, or is considered anti - social, participants will not be allowed to continue their activities and parents / guardians will be requested to collect them without refund or compensation.

Gwent Adventures reserves the right to be the sole judge of what is dangerous or unacceptable behaviour whilst a child is in their care.

Gwent Adventures CIC.,

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